



Meet Our Staff

Kirkland Family Chiropractic Center
Rock Falls, IL



Dr. Sid Kirkland

Dr. Sid Kirkland is a Florida native. He is an alumni of Upper Iowa University. He graduated from Palmer College of Chiropractic in Davenport in 1995 where he was actively involved in Rugby while completing his schooling.

Dr. Kirkland has served the communities of Franklin Grove, Amboy, Rock Falls, Sterling & surrounding areas since 1995.

He enjoys biking with his wife Sue and spending time on his farm with his 4 dogs and 3 cats.



Dr. Josh Kirkland

Dr. Josh Kirkland is a graduate of Newman Central Catholic where he was active in Football and Wrestling. He continued his wrestling career at Loras College where he received his bachelor's degree in Elementary Education.

Josh went on to coach high school wrestling at Wahlert Catholic in Dubuque, Iowa. He pursued his doctorate in Chiropractic at Palmer College of Chiropractic in Davenport, Iowa.

While studying at Palmer, Josh was a member of the Palmer Rugby Football Club. Josh resides in Sterling with his wife, Dr. Ashley Kirkland and their 4 dogs.



Dr. Ashley Kirkland

Dr. Ashley Kirkland is a graduate of Newman Central Catholic. She continued her education at Illinois State University where she received her Bachelors in Athletic Training. Ashley went on to receive her doctorate from Palmer College of Chiropractic in Davenport Iowa.

During her time at Palmer, she was an Athletic Trainer for the Mens and Womens Rugby Football Club. She completed her Acupuncture Certification through National University and is very excited to bring Acupuncture into the office.

She resides in Sterling with her husband, Dr. Josh Kirkland and their 4 dogs- Kimbo, Jake, Nene and Winnie.

